

A complete approach to wellness.

- **LIFE SKILLS:**
Group discussion, team building, house meetings and educational groups.
- **DIET & EXERCISE:**
Healthy diet and nutrition planning, daily exercise.
- **CASE MANAGEMENT:**
Individualized treatment plans and goal setting.
- **ANGER MANAGEMENT:**
Problem solving and coping techniques to help clients' understanding of how anger affects their lives.
- **RELAPSE PREVENTION:**
Working through cravings and triggers; increasing social supports and tools to prevent relapse.
- **COMMUNICATION TRAINING:**
Recognizing different communication styles, relationship building, self esteem and communication skills.
- **SEEKING SAFETY:**
Trauma informed treatment and safe coping skills.



Motivated by our love for God and for others, and moved by compassion:

Our Vision

That all people are accepted, valued, and can thrive in a caring community.

Our Mission

We actively respond to people experiencing need, affirm human dignity and inspire hope.

Our values are grounded in faith:

Compassion
Hope
Integrity
Diligence

Thank you to our government funder.



Quintin Warner House

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Administration Office

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@Mission1951



For more information on our programs and services, or to book a community speaker for your organization, contact us!



“Supporting men through Residential Addiction Treatment.”



MORE THAN A SHELTER

missionservices.ca

QUINTIN WARNER HOUSE

“The opposite of addiction is connectedness.”



BRANCH DIRECTORS PAST AND PRESENT

Quintin Warner House (QWH) branch of Mission Services of London is a 14 bed, four month residential treatment program for males, ages 18 years or older, who struggle with addiction. Each client is assigned a Primary Worker for individual counselling, to liaison with outside agencies, assist with referrals, help with client-directed goal setting and facilitate individual treatment plans.

Our History: Bethel House was established in 1957 for addictions treatment 30 miles outside of London. On April 1, 1965, the house currently used was purchased with the intention of continuing the kind of work begun by Canon Quintin Warner, a prominent clergyman of the Anglican faith. The house was named in his honour. In 2015, the 50th anniversary of Quintin Warner House in London was celebrated.

PROGRAM CRITERIA

Referrals, for males 18 years of age and older, can be made from self, withdrawal management centres, doctors, hospitals, assessment centres, and employee assistance programs.

Admission Requirements:

- Completed admissions assessment tool.
- Abstain from substances 7-10 days before admission (will be determined at interview).

PROGRAM PHILOSOPHY

Quintin Warner House provides services to each client based on their individual needs. We encourage a lifestyle of wellness in all aspects of a person's life, both physical and emotional.

PROGRAM OVERVIEW

The residential treatment program is divided into three parts: Prephase (one to four weeks), Phase I and Phase II (combined 16 week rehabilitation program).

RELAPSE PREVENTION

Our Relapse Prevention Group runs three days per week and is for anyone involved with Quintin Warner House - past or present - as well as the community at large.

POST GRADUATION

In continuing to support clients, we have annex housing that is available to men upon graduation. Men are encouraged to further their education, re-enter the community, obtain employment and set up support networks including self-help programs, therapy, and church groups.

ALUMNI ARE VITAL

Twenty-five years ago, a client came to Quintin Warner House as a broken man. He graduated and moved forward with his life. Once a week since then, he returns to talk with clients to offer a listening ear, support and encouragement. He is just one of many examples of how our alumni are vital to the program by offering hope to clients along their journey to a new path.

REV 03/2017

